

Fruit of the Spirit Survey Form

This survey is designed to assist a disciple in evaluating how consistently the fruit of the Spirit is being seen in a disciple's life. It is helpful for the disciple to complete this survey for his or her own life, and then have two or three others complete the survey on their perception of traits in the disciple. People to consider could include a spouse, child, or trusted co-worker. The scoring key is as follows: 1. Almost never, 2. Seldom, 3. Occasionally, 4. Fairly often, 5. Almost always. Place the appropriate number (not an "X") in the boxes provided. Instructions for manual scoring are found on the bottom of page 2.

		1	2	3	4	5
1	I live with a sense of passion for the things of God.					
2	I have an abiding confidence in God, regardless of the circumstances of life.					
3	In the midst of unsettling events, I am not overcome with anxiety.					
4	I tend to be tolerant with the faults or failings of others, and I seek to encourage and guide them.					
5	I regularly provide practical assistance to members of my family, church, and neighbors.					
6	When it is necessary to provide correction, I attempt to do it in a gentle, helpful way.					
7	I trust God to provide for my family's needs.					
8	I am committed to being a life-long learner.					
9	I am very sensitive to the direction of the Holy Spirit in my life.					
10	My life is characterized by deeds of compassion for others.					
11	I am more inclined to speak words of gratitude rather than complain.					
12	People often seek me out as a mediator for conflicts.					
13	I continue to work with individuals in settings where I don't get my way.					
14	I consistently translate my "good intentions" into specific actions.					
15	I regularly provide encouragement and help to others.					
16	Friends and family members trust me with personal and financial issues.					
17	I am in a mentor/accountability relationship with at least one other person.					
18	My appetites are under control.					
19	I truly love the members of my church and the Christians with whom I work.					
20	In the storms of life, I have learned to sing, "It is well with my soul."					
21	There are very few people with whom I have unresolved conflict.					
22	I control my frustration when people are not moving as quickly as I would like.					
23	Few people in my relationship circle would say that I rub them wrong.					
24	I regularly give comfort to those who are hurting.					
25	I am a responsible steward of my time, talent, and treasure.					
26	I see every person in life as someone from whom I can learn.					
27	My temper and tongue are under control.					
28	I have a deep, strong relationship with my spouse.					
29	I have a deep sense of joy, because my salvation is secure in Jesus.					
30	I have a calm disposition that helps settle conflicted situations.					

		1	2	3	4	5
31	I am learning to listen and allow the Holy Spirit to use confrontation as a means of growing my relationships.					
32	I help others, even when I am busy and know that I will not get credit for it.					
33	I value all people and seek to treat them with respect.					
34	I can be trusted to be well-prepared, and I complete tasks in a timely way.					
35	I have an honest estimation of my strengths, weaknesses, abilities, and position.					
36	I rarely act on the impulse of the moment.					
37	Over time, I have experienced an expanding concern for others, no matter who they are.					
38	Even though I cannot always see what God is doing, I am enthusiastic about His work.					
39	I seek to be a voice for reconciliation between family, group, and community.					
40	I have realistic expectations of those with whom I work, and I give them adequate time to complete tasks.					
41	I regularly seek forgiveness of those I wrong, and I extend forgiveness to those who wrong me.					
42	As a disciple, I seek to help others become like Jesus.					
43	My daily living reflects a reliance on God for all things.					
44	I trust God for my defense, and I do not use power or position to defend myself with others.					
45	In the midst of distractions and temptations, I stay focused on God and my tasks.					

For manual scoring, add your numbers for each statement, and divide by 5:

Love: (1__, 10__, 19__, 28__, 37__ = __/5= __)

Joy: (2__, 11__, 20__, 29__, 38__ = __/5= __)

Peace: (3__, 12__, 21__, 30__, 39__ = __/5= __)

Patience: (4__, 13__, 22__, 31__, 40__ = __/5= __)

Kindness: (5__, 14__, 23__, 32__, 41__ = __/5= __)

Gentleness: (6__, 15__, 24__, 33__, 42__ = __/5= __)

Faithfulness: (7__, 16__, 25__, 34__, 43__ = __/5= __)

Meekness: (8__, 17__, 26__, 35__, 44__ = __/5= __)

Self-control: (9__, 18__, 27__, 36__, 45__ = __/5= __)